



Calling new PPG members!

As a PPG we are always looking for new members who would like to join our small group to support the practice and make suggestions on improvements to benefit patients and staff. If you are interested, why not come along to our next meeting? The practice will be able to confirm the date and time for your consideration.

You would be made most welcome.



Congratulations Beth and Ben!

On the 10th May 2024, Receptionist Beth celebrated her marriage to Ben. We wish them both a long and happy married life together.

Beth will be changing her name from Ray to Cooper.



Staffing Update

You will see some new faces within the reception team as we are now fully staffed. We have really appreciated your ongoing support whilst we train our new staff. They are settling in very well and we can already see a difference in how the administration function is working.

It is still early days but we hope that our recruitment issues are now behind us.

Unfortunately our new telephone system has not yet been installed but we do have an installation date for August 2024. We anticipate very little inconvenience to patients as a result of the installation. Text messages will be sent out to all patients nearer to the installation date.

We now have a new practice email address.

Please use lymevalley.admin@staffs.nhs.uk if you wish to contact the practice with any non urgent queries via email.





Learn first aid skills for babies and children

Why learn child and baby first aid? Accidents can happen anytime, anywhere, especially when it come to our little ones.



Learning child and baby first aid equips you with life saving skills to respond confidently in emergencies. From choking and CPR to burns and fevers, being prepared can make all the difference. Join us in prioritising safety and peace of mind.

Discover more at: [Learn first aid for babies and children \(redcross.org.uk\)](http://redcross.org.uk)

Gardening in Safety

Summer is here (although you might not think it) and the gardening work continues. Although they may not seem it, gardens can be dangerous places, particularly as you get older. Here are some suggestion to help to keep you safe.

- Try to avoid poisonous plants.
- Be aware which plants are poisonous, if you have them, and know how they are poisonous i.e. if ingested or through the skin.

Chemical Safety

- Keep any chemicals out of reach of children and animals.
- Wear gloves when dealing with chemicals.
- Always wash your hands after using any chemicals.

Electrical Safety

- Check the safety of electric equipment and use a circuit breaker (RCD) where necessary.
- Wear goggles to protect your eyes and stout shoes to protect your feet

Protect yourself

- Lift with your knees and keep your back as straight as possible to avoid strain
- Check that your tetanus injections are up to date
- Wear a good sun hat and sun cream—and remember to protect your ears
- Wear gloves to protect your hands but make sure you wash any scratches and cuts
- Know where your first aid kit is and check it is stocked with all you need for minor cuts, insect bites, etc
- Avoid the use of ladders, it is so easy to fall from them